

What to Bring for Activities

Please ensure all participants have appropriate attire for activities

BRING ANY MEDICATIONS OR PERSONAL AIDS THAT MAY BE REQUIRED TO ALL ACTIVITIES

Roping Activities

- Closed in footwear that can not fall off
- Trousers or shorts that cover at least 2/3 of thigh
- Top that covers shoulders and stomach
- Long hair needs to be tied back
- No jewellery or accessories that dangle
- Wet weather gear if possibility of rain
- Sunscreen and sunglasses
- A full water bottle

Water Based Activities (except Pool Games)

- Bathers or Shorts & Tee Shirts
- Closed-in shoes that can be worn in water (recommended)
- Dry clothes to change into after the activity
- Windproof/waterproof clothing depending on conditions
- Hat, sunscreen and sunglasses (sunglasses may be lost)
- A full water bottle

Pool Games

- Bathers, Towel & Sunscreen
- Shirt that can be worn in the water
- A full water bottle

All Other Activities

- Closed in footwear
- Wet weather gear if possibility of rain
- Hat, sunscreen and sunglasses
- A full water bottle